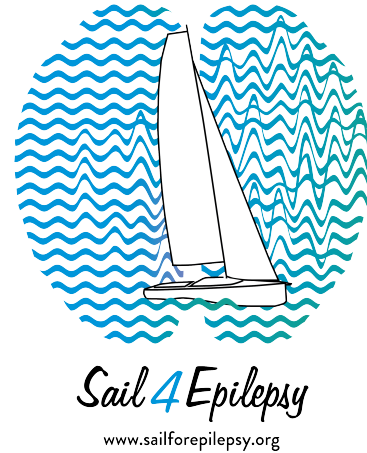


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**FOR IMMEDIATE RELEASE**

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**A Global Voyage for Epilepsy Begins**

**Newport, RI** - Phil Haydon PhD, an internationally recognized neuroscientist, is on a mission to sail the oceans of the world to inspire people with epilepsy to take one more step towards achieving a fuller life. Additional goals include raising funds to support research for a cure and promoting awareness of epilepsy and educating the general public. The first leg of this multi-year global voyage will begin on August 19, 2021 with the East Coast Expedition, a nearly 2,000 nautical mile roundtrip sail between five ports along the east coast of the United States.

While sailing, Phil and his small crew will be connecting via live video with people living with epilepsy. They will send in daily blogs, photos, and videos that will be posted to the Sail For Epilepsy website and social media channels. A boat tracker, sending hourly position updates, is available as well.

During port stops in Newport, RI, Portland, ME, and Boston, MA, Sail For Epilepsy will be hosted by Epilepsy Foundation New England. In Philadelphia, PA, the host organizations will be Epilepsy Foundation Eastern Pennsylvania and Paul's Purple Warriors. In Annapolis, MD, Sail For Epilepsy will be hosted by Epilepsy Foundation Maryland. At each port stop, these teams will provide empowering family-friendly nautical activities for all ages and abilities. People with epilepsy, their families, and their caregivers will learn to tie knots, learn how the stars can be used for navigation, help make a flag that will be flown during future voyages, and make connections with their local epilepsy community. Learn more and sign up at [sailforepilepsy.org/east-coast-expedition](http://sailforepilepsy.org/east-coast-expedition).

A portion of all funds donated to the Sail For Epilepsy program will flow through to their partners, Tufts University School of Medicine and Epilepsy Foundation New England, to support research and community outreach programs. The balance will be used to support the Sail For Epilepsy program. At the end of the multi-year program, all assets will be sold and all funds will be donated to Sail For Epilepsy's nonprofit partners.

Sail For Epilepsy is a 501(c)(3) organization.

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