



Navigate. Inspire. Cure. Educate.

Awareness & Education Presentation for Adults

Basic information about epilepsy and seizure first-aid.

When Phil Haydon was a teenager, he was hit accidentally on the head with a house brick and developed epilepsy. He was in and out of medical care and eventually fitted with a vitallium plate to cover the hole in his skull, and given medications to prevent seizures. Phil has been fortunate to have his epilepsy medically controlled since 1976. He is now an internationally recognized neuroscientist, and Chair of the Department of Neuroscience at Tufts University School of Medicine. He runs an active laboratory researching a multitude of neurological disorders, including epilepsy.

PRESENTATION

Phil is able to raise awareness and educate about epilepsy from personal and scientific perspectives. This presentation will focus on basic facts about epilepsy, the science behind epilepsy causes, current treatments, research, challenges, and looking to the future. Local data and statistics will be provided when possible, as well as information on how to help someone who is having a seizure. Phil presents this information in a manner that is accessible to a range of knowledge and interest levels.

One More Step Challenge

A brief question and answer session will be followed by the One More Step Challenge, a signature feature of the Sail For Epilepsy program. The audience will be encouraged to identify something that they can do to live a fuller life. Participation in the Challenge results in becoming a Virtual Shipmate. The first names of all

Virtual Shipmates are added to our boat so they can join us as we sail the oceans of the world. Phil will feature select Virtual Shipmates in videos and connect live with Shipmates while offshore.

Event Length

This presentation can be short, as part of a larger event (like a club dinner) or can be longer, if the talk is the focus of the gathering. Broadcasting to a digital audience via Zoom is also an option. The presentation can also be pitched at different levels based on the expertise of the audience.

Materials

Attendees will receive a Sail For Epilepsy flag customized with the latitude and longitude of the port stop. Sail For Epilepsy will provide educational materials for the audience to take home and will work with the host organization to provide these materials in multiple languages as needed.

HOST REQUIREMENTS

- secure suitable location
- provide tables / chairs / tents / volunteers as needed
- seek local sponsorship to offset any host costs (hosts will keep all proceeds)
- sell tickets or manage any required advanced registration
- provide any necessary food or drink
- publicize to local audience

